



Week Twelve

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Family Night Adventure #12

Finale' – Your Best You!

- **Key:** Be Your Best You
- **Concept:** Be True to You
- **Workbook:** pages 52-55
- **Sing-Along CD:** All

Family Night Agenda

1. Family Night "Roll" Call
2. Review
3. **Video:** Episode #12 Finale' Your Best You
4. Discussion
5. **Video:** Lesson #12 Be Your Best You
6. **Activity:** Pin the Tooth on Shag
7. **Storytime:** Episode #12 Finale' Your Best You
8. Review
9. **Leadership Challenge:**
Be Your Best You

Activity

- Tug-of-War

Food Idea

Materials

- Poster of Shag and cut out tooth
- Blindfold and straight pin

In a Nutshell

Discuss how liking yourself is the best way to attract friends. Work on being the best you that you can possibly be and encourage others to do the same. That's what makes us rock! Listen to final narration and sing Finale'. Students must complete all challenges by the performance to earn their honor badge!



Lesson Twelve - Quick View

	ACTIVITY	OBJECTIVE	ACTION
1	Family Night "Roll" Call	Set the tone for your home	Pass out cookies (Family Night Treats), hot cocoa and latte's. Breathe and share week highlights.
2	Review	What have we learned?	I'll be me and you be you that's what makes us rock
3	Video: Episode #12	Finale'	Your Best You
4	Discussion	Be Your Best You	Discuss how being your best you helps others to be their best selves, also.
5	Video Lesson #12	Be Your Best You	Complete your leadership challenges
6	Activity	To demonstrate how we grow as leaders.	Pin the Tooth on Shag
7	Storytime	Visual and audio reinforcement	Championers! Adventure Theater Circle.
8	Review	Reinforcement and internalization	What do we know? What did we learn tonight?
9	Leadership Challenge	Reinforcement and internalization	Honor Badge Challenge.
10	Sing-Along CD	Reinforcement and internalization	Enjoy Caveman Rock CD

Lesson Details

1. Family Night “Roll” Call

Enjoy your hot cocoa and cookies

2. Review

What have we learned? Review story and concepts we’ve learned so far.

ADVENTURE THEATER

3. Video: Episode #12

Your Best You

Al-x saves the old man and tells everyone what really happened. To his surprise, everyone cheered him on even more. The only question everyone had now was who won the fishing derby. Did Al-x or the old man?

4. Discussion

Be Your Best You

(Hold up a picture of a tooth) How many of you have lost a tooth? Wow, that’s a lot of you. How many of you have lost lots of teeth? Does anyone know why our baby teeth fall out? (Discussion) That’s right, so our big

teeth can grow in. Why do you think we need grown up teeth (Discussion)? It would be hard for us to chew grown up food if we had to do it with our baby teeth.

Did you know that just as you grow into your adult teeth, you also grow as a leader?

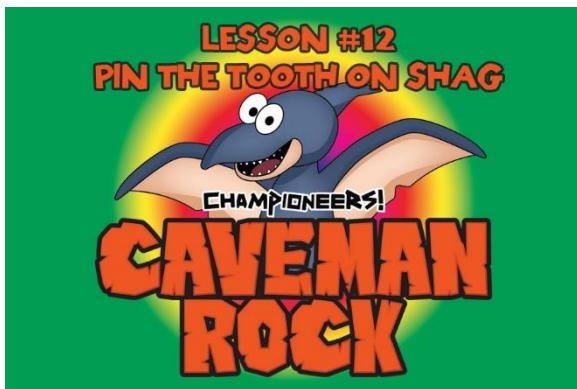
Peer Leaders learn new skills every day to help them succeed in life and get along with others. These skills may seem small, but if you practice them every day they will make you very wise and very successful in all you do.

Consider some of the lessons we’ve learned from Al-x during this production. We’ve learned to be true to ourselves while being considerate of others. We’ve also learned that real friends like you for who you are. Finally, we learned that you don’t have to be good at everything to be a great person, you just need to be good at being you!



LESSON CLICK-CLASS

5. Video: Lesson #12 Pin the Tooth on Shag



6. Activity Pin the Tooth on Shag

- Place the poster of Shag in an easy-to-reach location in the room.
- Ask for a volunteer who thinks they can pin a tooth on Shag.
- Blindfold them and hand them the tooth with a stick pin pointing towards the wall.
- Spin them around five times, then point them in the general direction of the poster and have them pin the tooth on Shag where they think it might go.

It's hard to know where to pin the tooth when we are wearing a blindfold.

That's what lies do to us. They keep us from seeing what's right in front of us.

To be your best you, be true to yourself. Do things that help you be and do your very best. Only watch TV shows and engage in conversations that help you think good thoughts and say kind things. Don't believe everything you see and hear, but learn how to hear the compass of truth that's inside of you. I'll be me and you be you, that's what makes us rock!

7. Storytime

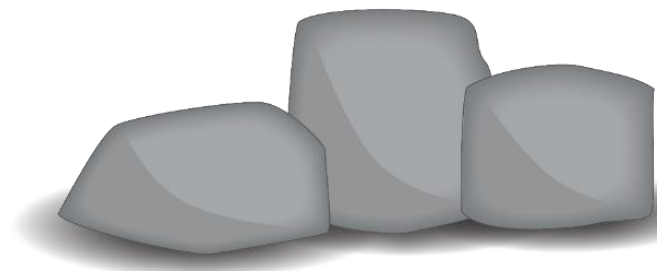
8. Review

What have we learned? Review story and concepts we've learned so far.

LEADERSHIP CHALLENGE

9. Leadership Challenge

When children complete all challenges, they can earn their collectible honor badge!



CHAMPIONEERS!



CAVEMAN ROCK

Congratulations!

**YAY! You just finished the
Champions! Caveman
Rock Family Night
Adventure!**

You've done an awesome job!!! It's not easy starting new family routines and traditions, but you did! I want to encourage you to help your children earn their collectible Caveman Rock Honor Pin by completing their Leadership Challenges. Once they've finished them you can present their completion certificate and order their Honor Pin at www.championsstore.com.

Remember to order your next Family Night Adventure so you can continue your Family Night Adventures, bond as a family and gain success tools for life!

Until the next Champions! adventure...

Warmest regards,

Deanna

