

# LEADERSHIP CHALLENGE

## Train Your Brain Step #8

Train your brain for truth.

### Challenge #8: Practice thinking and saying nothing but the truth.

The best way to keep from being deceived is to know what's true. How do you know what's true if people have different perceptions and paradigms? The important thing to remember is that two people can look at the same cow and see two totally different things depending on their point of view. Next time you have a disagreement ask yourself why you feel the way you do, then ask yourself why the other person might feel the way they do.



When was the last time you had an argument with your parent or friend? You've probably disagreed many times. What did you disagree about?

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How did the disagreement make you feel? Why?

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How do you think your parent felt? Why?

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Is it possible that you were both right? Why or why not?

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What can you do next time you don't agree with your parents? Can you both share your point of view to better understand each other?

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DAY 8 Late Elementary

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